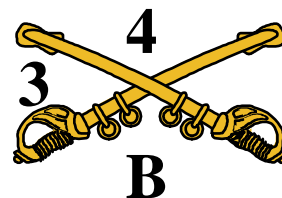




# WARLORD NEWS

THIS NEWSLETTER CONTAINS  
OFFICIAL INFORMATION ONLY  
JULY-AUGUST 2004



Dear Families,

I hope this letter finds everyone in good spirits. Well, we have been in country for a little over a month and we have already flown over 500 flight hours on many different types of missions. The word is getting around the country about our aircraft and the Afghan people are getting used to seeing us daily. Just the other day, one of our ground elements went to a local school and saw a drawing of a Kiowa that was made by the children.

Hopefully, everyone had a chance to see the FOX News special about Kandahar. Geraldo Rivera hosted the program and he focused much of the attention towards the CAV. Although I tried to bribe Geraldo to get all of the Warlords on TV, he had to be equitable with the air time. I hope some of us got our 10 seconds of fame. Nonetheless, our Stetsons and red/white unit guidons allowed us to stick out a little bit.

Our maintenance program within the troop remains the best in the Squadron and our NCOs and junior enlisted soldiers continue to provide the backbone for the troops operations. The Warlord pilots are doing an outstanding job of keeping up with the ever increasing demand for more Kiowa Warrior support. I have done my best at trying to give each of our soldiers a little bit of predictability and the opportunity to get time off throughout the week. I know we are in for the long haul and I am very mindful about not working our soldiers too hard, too fast.

Since my last note, the Troop's webpage has been created and the Army wrote an article on 3-4 CAV, which much was dedicated to B Troop. Web links to the article can be found on the troop's web-site. I encourage all of our families to use the website. Please share it with all of your loved ones. We will continue to refine it and provide the most up to date info possible. I want to thank Staci Kosutic and Kristina Carr for there hard work and effort in creating and maintaining the site. Please send in suggestions on what you would like to see on the homepage. We will do what we can within the limits of the site to try and accommodate your needs.

We are still awaiting our move in to new and better sleeping quarters for our soldiers. The new quarters will be much nicer than what we currently have. The guys have done a good job in adapting to their temporary homes. We also continue to send soldiers to a base in Qatar for "R&R" trips. The trips last about two days and the guys get to take a much deserved break from their daily routines. I expect we will continue to send a few guys at a time until soldiers begin going back home for leave. The current leave outlook begins in July and extends through to March. The Troop can only send a certain amount of people on leave at once and we have tried to accommodate each soldier as best as we can. Please understand that not everyone will get the dates that they would like. Once the leave dates are issued, there is not much that we can do to change them. More information will be posted on the web-site and future newsletters as we get it.

Thank you again for your time. I will keep you informed as best that I can in the future.

Jeremy Phillips

## CONGRATULATIONS!!

PFC Zuniga on your promotion  
&  
SPC Merrell on your  
Certificate of Appreciation

## Happy Birthday to you...

Angelo L.	July 1st
Jennifer B.	July 6th
Suzanne E.	July 9th
Drew M.	July 10th
Robert K.	July 12th
Dominic M.	July 13th
Korey M.	July 17th
Cody P.	August 2nd
Janice A.	August 2nd
Kristy P.	August 23rd
Jim K.	August 26th
Ty K.	August 27th
Samantha C.	August 28th
Sean E.	August 29th

## HAIL NEWCOMERS

Harley & Sarah Miller & son Korey

## ACTUS LEND LEASE

As of June 1st, they have taken over all Army Housing maintenance and operations. You should have received a newsletter in the mail from them. It has important information for you such as phone numbers for your local community center, which you will use to schedule maintenance calls. Be sure to keep it handy...

## ACS

Active Parenting: July 12,19,26 (9:30-11:30)  
Anger Awareness: July 8 (2:00-4:00)  
Car Buying: July 21 (9:00-10:30)  
CSB Redux/SBP: July 21 (3:00-4:30)  
Checkbook Maintenance: July 7 (9:00-10:30)  
Dress for Success: May 8 (9:30-11:30)  
Effective Discipline: July 21 (12:00-1:00)  
Employment Orientation: Every Friday (9:30-11:00)  
FRG Fundraising: July 7 (9:00-11:00)  
FRG Hospitality: July 6 (9:00-11:00)  
FRG In A Nutshell: July 19 (6:00-8:00)  
FRG Newsletter: July 2 (9:00-11:00)  
FSSA/Food Stamp: July 14,28 (9:00-10:30)  
Home Alone: July 12 & 13 (9:00-11:30)  
Insurance Planning: July 7 (3:00-4:30)  
Money Management: July 7,14,21,28 (10:30-12:00)  
My Pay: July 15,29 (9:00-10:00)  
Newcomer's Orientation: Every Tues (7:00-4:30)  
POC Training: July 26 (1:00-3:00)  
Power Pay Your Debt Away: July 8,22 (9:00-10:00)  
Sponsorship Training: July 8 (1:30-2:30) & July 22 (10:00-11:00)  
Stress Solutions: July 13 (12:00-1:00) & July 22 (2:00-4:00)  
Tax Strategies: July 28 (3:00-4:30)  
What you need to know about your 1-4 yr old: July 14 (12:00-1:00)  
Your Teen's Success Cycle: July 28 (12:00-1:00)

**Call 655-2400 to register  
for the above classes**



## FREE CHILDCARE

Child & Youth Services will be offering 8 hours of free care a week (two-4 hour blocks of time: 8am-12pm and 12pm-4pm) to be used within the following options:

Open Hourly Care @ Petersen CDC  
(M-F 8am-4pm)

Open Saturday Care @ Petersen CDC  
(8am-2pm) STACC

Open Hourly Care @ HMR CDC  
(M-F 8am-4pm)

Bennett Youth Center  
(4th Sat of each month 8am-2pm)

Registration, Blue Star Card and free childcare punch card are REQUIRED. Contact R&R for info 655-5314.



## DEPLOYMENT PROGRAMS

*WOW-Walk Off the Wait:* Tue, Thu & Sat @ 9am. Meet at Tropics for a fun, friendly walk—strollers welcome.

*Chess Club:* Every Mon @ 5-8:30pm, Tropics.

*AT EASE-Automotive Training, Ensuring Auto Safety for Everyone:* 2nd Fri of each month, 9-10am, SB Auto Craft Center. Registration required, \$5 fee.

*Movies, Mommy & Me:* Every Fri @ 6pm, Tropics, Free popcorn!

*Kid's Block Cartoon Time:* Sat @ 8:30-10:30, Tropics, Meet new friends!

*Health & Fitness Center:* Free Sat entry to include participation in yoga and step classes.

## SPOUSE'S NIGHT OUT

July 1

NEW! Beginning Line Dancing  
Natural Health & Wellness  
Learn How to Use a Web Camera  
Quilting

July 8

NEW! Beginning Hula  
NEW! Living Healthy Habits  
Natural Health & Wellness  
Women & Investing  
Learn How to Use a Web Camera  
Quilting

July 15

NEW! Living Healthy Habits  
NEW! Basic Sewing for Beginners  
FRG Leader Support  
Natural Health & Wellness  
Learn How To Use A Web Camera  
Quilting

July 22

NEW! Beginning Hula  
NEW! Living Healthy Habits  
Game Night  
Natural Health & Wellness  
Learn How To Use A Web Camera  
Quilting

July 29

NEW! Living Healthy Habits  
NEW! Basic Sewing for Beginners  
Natural Health & Wellness  
Learn How To Use A Web Camera  
Quilting

Classes meet 6:30pm to 8:30pm at ACS, call 655-2736 for reservations.

Free Childcare is available for Blue Star Card holders by calling 655-3929 no later than noon on the Tuesday prior to each Thursday night event. Reservations can be made up to two weeks in advance.

## **AMERICAN RED CROSS MEDICAL ASSISTANT PROGRAM**

The purpose of the program is to provide selected student volunteers with knowledge and hands on training to competently assist in medical office procedures and potentially compete successfully for employment. This is NOT a certification program!

Applications will be released and accepted from July 1st to July 16th ONLY.

Have two letters of recommendation with your application.

Training will begin in September 2004 and end in March 2005.

Applications will be available at the Red Cross Office located on the 3rd floor of the Aloha Center Bldg 690, Tel: 655-4927

General requirements: Applicants must: 1) be at least 18 years old; 2) possess a valid military ID card and be entitled to Tricare Health Benefits; 3) be willing to participate in all learning activities to include rotations through all clinic areas along with introduction to phlebotomy; 4) have at least 8 months remaining on the island at the beginning of the course and 5) successfully complete CPR for the Professional Rescuer.

## **COPING WITH SEPARATION**

Deployments can be hard on families, as we all know. This workshop will help you discover how to make separations manageable for your family. Learn about communicating from a distance, about the importance of routines, about how to maintain a link with the deployed parent, about how to encourage children to communicate their feelings, and much, much more.

July 15th & August 19th (1400-1600)  
Schofield ACS

Call ACS at 655-2400 for more information

## **Home Alone Self-Care Training Program**

This fun two-day workshop is designed to teach children aged 9 to 11 the safety skills needed for staying home alone. Activities include fire safety, safe phone usage, and basic first aid.

July 12th & 13th  
9am to 11:30am  
Schofield ACS



## **BLUE STAR CARD**



is a special discount card available to support families of deployed Soldiers. This card entitles the user to numerous discounts at MWR facilities, such as child and youth services programs, and other activities and events. These cards are available at the Installation Access Pass (IAP) office, their hours of operation are 7 days a week from 0900 a.m.- 4:00 p.m. The Leilehua IAP office has begun to offer extended hours (9:00 a.m.-7:30 p.m.) on Wednesdays. For more info, please call 655-1620.



## **BLUE STAR SPECIALS**

**50% DISCOUNT ON PRESALE 4TH OF JULY GAME AND RIDE TICKETS**

**Available at Tropics and SB and FS ITR  
Offices  
June 28th to July 3rd**

**For more information call 655-0110**